



Center for Bright Kids
Regional Talent Development Center



Summer Programs 2017 Welcome Packet



a bright spot for bright kids



COLORADO SCHOOL OF MINES
EARTH ■ ENERGY ■ ENVIRONMENT

Please **review this packet carefully**, as it provides much of the last-minute information you need in order to be prepared for the program. If you still have questions **after reading through the packet**, please contact our office at

303-428-2634 or processing@cbksummer.org

Welcome to CBK Summer Programs!

Congratulations!

You have been accepted for admission to the Center for Bright Kids Summer Programs. These programs are rooted in the talent development model, and offer you the opportunity to live and learn with other bright, motivated peers in a university campus environment.

Last Minute Details

This packet will provide you with details on many of the last pieces of information you need in order to both prepare for and enjoy a successful experience while you are on campus. **Please make sure you review this packet with your family** so that they are aware of information that is critical in making sure you get here safely, attend all family events, and are ready for this unique, challenging, and invigorating experience. We are so excited to meet you in person or to see you again if you are a returning student! This is going to be a fantastic summer full of fun and excitement! As summer approaches, please feel free to call with questions. **Please note that we are in a different "house" this year—Bradford Residence Hall, right across from our old spot.**

The Programs

The GLOW Program runs from June 11-24, Luminary Project runs July 2-22, and SHINE runs Jul 30-Aug 5 on the Colorado School of Mines campus. Students will be housed in **BRADFORD Residence Hall (#9 on the map)**. Check-in and the Opening Ceremony are held on the first **Sunday** of the program, and Exit Interviews with instructors and families, Check-Out, and the Closing Ceremony are held on the final **Saturday**. We look forward to talking with your families on these two very special days. **We ask that you please do not plan to leave before the end of the closing ceremony (around noon) on the final Saturday. This is critical closure time for your student and also offers them recognition for their academic accomplishments, as well as a celebration of their socio-emotional growth. Early departure will result in a delay in receiving your completion certificate.**

CEREMONIES

ARRIVAL AND OPENING CEREMONY DAY

Opening Day is the first Sunday of the program. Check-in begins at 11:00am and continues until 1:30pm at **Bradford Residence Hall (#9 on the map)**. No activities are scheduled until the 2:00pm Opening Ceremony, so feel free to check out the campus with your family or catch lunch at a nearby restaurant (most are along Washington Street). **Please do not arrive earlier than 11:00am**, as staff will be unavailable to accommodate early check-in and there will not be access to the building. **Please also do not plan to arrive much later than 1:00pm**, as the registration/move-in process will take about a half-hour. **BRING ALL LUGGAGE WITH YOU TO REGISTRATION AND HAVE YOUR MEDICINES AND ANY OTHER ITEMS TO CHECK IN OUT, LABELED, AND READY!**

The Opening Ceremony will be held in **Coolbaugh Hall 209 (#16)** and will run approximately one hour. This is a chance for your family to meet your Residential Assistant and Instructor and to go over last minute details, including emergency call numbers and disciplinary policies.

At the conclusion of the ceremony, families are asked to depart and all students will head to orientation and organized activities.

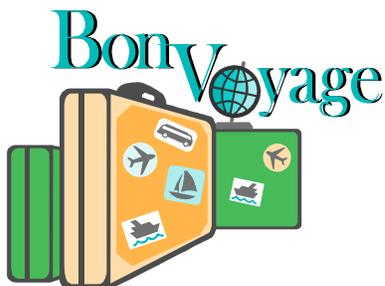


FIRST SUNDAY

- 11:00am-1:30pm Check-In at **BRADFORD HALL**
Lunch with family on own
- 2:00-3:00pm Opening Ceremony—REQUIRED
Family Farewell
- 3:00-4:00pm Course Orientation
- 4:00-5:00pm Program Orientation
Dinner

DEPARTURE AND CLOSING CEREMONY DAY

Closing Day is the final Saturday of the program. Check-Out begins at 8:00am and continues until 10:30am at **Bradford Residence Hall**. Exit Interviews are scheduled between 7:30-10:30am—you will schedule your interview time with CBK upon receipt of the final pre-program email one week prior. Interviews are placed first-come, first-served and we attempt to be considerate of travel. Please do not arrive with the intent to check out earlier than 8:00am (students with early exits are an exception for pick-up), as students will be at their final breakfast with friends, and staff will be unavailable to accommodate check-out. As students are getting ready for their day, there is **no access to the residence hall prior to 8:00am. Your student will meet you on the patio of Bradford Hall and walk you to the interview.** Students must CHECK OUT with their RAs before leaving their rooms in order to avoid significant damage fees. **Check-out MUST occur prior to 10:30am—students will already be packed (PLEASE DO NOT TAKE LUGGAGE HOME WITH YOU!).** The Closing Ceremony will again be held in **Coolbaugh Hall 209** at 11:00am and will run approximately an hour. This is a critical closure for our students and feels like an informal graduation ceremony. It is very important to attend this part of the program. There is no opportunity to return to Randall Hall following this ceremony.



FINAL SATURDAY

- 8:00-10:30am Check-Out at **BRADFORD HALL**
- 7:30-10:30am Exit Interviews with family
and instructor—REQUIRED; meet
student at Randall to walk over)
- 11:00-12:00pm Closing Ceremony—REQUIRED

TRAVEL

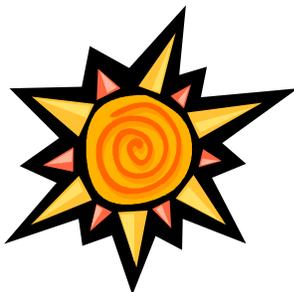


All arriving flights must land between 8:30am-11:00am on the Sunday the programs begin—kids will be given lunch on arrival.

All departing flights must leave on Saturday the last day of the program between 7:00am-9:30am—exit interviews will occur during the day on Friday.

FLIGHTS MUST BE DIRECT

Arrivals or departures outside of these times cannot be supervised or met by CBK staff due to other responsibilities.



BY AIRPLANE—Denver International Airport

When you arrive at the Denver International Airport, please **remain at your gate**. A CBK staff member wearing a blue CBK staff shirt will be there to meet you. Do not stop in the restroom first. Please wait for this CBK staff member to identify you! If your flight is early, CBK will still meet you at your gate. Sometimes we are running from another concourse or may have a delay at security. Stay at your gate.

CBK MEETS STUDENTS AT THEIR INDIVIDUAL GATES. IF YOUR AIRLINE REQUIRES THAT YOU DESIGNATE A PERSON TO MEET YOUR CHILD AT HIS OR HER GATE IN DENVER, PLEASE CALL THE CBK OFFICE WITHIN 2 DAYS PRIOR TO THE PROGRAM TO CONFIRM.

Transportation, Minor, and Baggage Fees must have been paid by this time.

If you have any problems on the day of travel, call the CBK office at (303-428-2634).

CBK cannot be responsible for airport transportation for students whose flights arrive or depart outside of the established time periods. Students MUST WAIT AT THEIR GATES – do not go to the restroom, gift shop, or snack bar when you depart the plane!

CBK will not return to the airport for luggage. Scheduled flights must be direct flights only. A student MAY NOT travel unaccompanied and make separate arrangements solo via any form of transport!

The CBK Office will be closed on weekends, but we will be receiving messages at 303-428-2634.

DO NOT DRIVE to the Wadsworth Blvd address. This is in Arvada, CO, almost 30 minutes from campus, and is our mailing address only!

BY VEHICLE

To Bradford Residence Hall (#9): Take I-70 to the Highway 58 exit. Go west on Highway 58 for about 6 miles until it ends at Hwys 6 and 93 at the foothills. Turn left onto 6th Ave and follow the foothills to 19th Street, the first traffic light. Turn left on 19th, then take your first left on Elm. You may use parking at Campus Road and Elm in Lot Q, or Lots Y, R, S, and P are available during non-operational hours. You can also look for street parking. Bradford Hall stands on the corner of Elm and West Campus Drive. The entrance is on the quad under the arch off Lot Y, the easiest unloading spot. **BRING YOUR LUGGAGE WITH YOU TO REGISTRATION AND DO NOT TAKE IT WITH YOU WHEN YOU LEAVE, AS WE WILL HELP PACK KIDS UP AT PROGRAM END!**

Please plan ahead for weekend mountain traffic, construction at 19th and Hwy 6, or for special events that may affect Washington Street in Golden.

AREA LODGING

The following hotels are located within a 10-minute drive of the campus.

Table Mountain Inn	800-762-9898	http://www.tablemountaininn.com/
The Golden Hotel	800-233-7214	http://www.thegoldenhotel.com/
Denver Marriott West	303-279-9100	1717 Denver West Blvd
Hampton Inn Golden	303-278-6600	17150 West Colfax Ave
Days Inn Denver West	303-277-0200	15059 West Colfax Ave
Holiday Inn CO Mills	303-279-7611	14707 West Colfax Ave

HIGH ALTITUDE LIVING

Denver is truly a mile high and Golden is in the foothills, which means you are also closer to the sun in a more arid climate than that which you may be in at home. This is true even for those of you who live in Denver—you can feel it! Please make sure you bring sunscreen and sunglasses and use them EVERY DAY. Please note, sunglasses are only to be used *outside*. We also encourage you to bring a personally labeled water bottle, drink lots of water, and take it easy the first couple of days in order to avoid altitude sickness, particularly if your home is closer to sea level. Please note: bugs don't care how high we are above sea level—they are still here—bring bug spray with you. Bug bite itch sticks/pens are ok to keep in your room.

PACKING

WHAT TO BRING FOR LIVING

(rooms are not air-conditioned—kids said they were too cold in the mountains!)

A FAN—two-way are ideal—you *may not bring* a personal A/C unit due to power issues

Twin extra-long sheet set if you don't want to use starched ones or want to swap out clean ones

(if you are in Luminary Project in particular, please think about bringing a change of sheets!)

Casual clothes for class—please note that these clothes should be **just as appropriate as those you wear to school**. Thicker straps, no bare midriffs, shorts that pull up all the way and are not cut too short, slogans that are appropriate, and shirts that are non-transparent are expected. We do ask students to change clothes if the outfits they have selected are not appropriate or excessively dirty.



Sports/athletic clothes/gym sneakers Sweater/sweatshirt

Jeans or long pants (nights can cool off) PJs/robe/slippers/pillow

Comfortable shoes (**closed toe are REQUIRED for activities**)

Flip-flops for the bathroom/pool Your own pillow and/or blanket

Lightweight jacket Umbrella (**collapsible NOT golf**—afternoon rain is common)

One nice casual outfit for closing ceremony and exit interview

Toiletries (shampoo, toothbrush, deodorant, etc)

Water bottle (labeled with name) Sunglasses

Laundry bag and detergent (**NOT SHINE**)

Spending money (suggestion is \$10/week) Alarm clock

Sunscreen, mosquito repellent and aloe

Swimsuit (one-piece and cover-up [boys, too]) and towel

Something comforting that reminds you of home Prior year CBK t-shirts!

MP3 player Decorations for room

Stationary and stamps Books for pleasure reading

Batteries/chargers Musical instrument or items for variety show

Camera Clothes hangers

Calling card for kids' homes not in the 303 or 720 area codes

A NOTE ON SPENDING MONEY

Spending money for the programs depends entirely on the student and family. The activities of the program do not necessitate the need for much spending money, as program activities are built into program fees. All admission tickets for weekend activities, meals, and transportation are included. Students are **URGED** not to bring large amounts of cash with them – CBK cannot be liable for personal cash or property. The principle items students spend money on are laundry, snacks, clothing, items that were forgotten or run out (toothpaste), or additional optional activities. Residence halls do not provide banking services and CSM cannot cash checks. We also cannot make bank trips. **Grocery stores do sell calling cards!**

WHAT TO BRING FOR LEARNING

Pens, pencils, highlighter Calculator
Notebook, loose-leaf paper 1" binder

BACKPACK

WHAT NOT TO BRING (can be grounds for dismissal)

Skateboards, bicycles, scooters, roller blades, roller shoes

TVs, DVDs, or video games/gaming systems

Walkie-Talkies/Personal Transmitters

Fridge, microwave, portable air conditioner, or large stereo

Computer/laptop/tablet/Kindle/Cell Phones (see **Technology Policy** you signed in Acceptance Forms)

Weapons or anything in the likeness of weapons (including water guns)

Laser pointer, whistles, sirens, or disruptive devices

Any flame-producing device (matches, lighters, candles, incense, firecrackers)

Alcohol, drugs, or tobacco

Role-playing games or trading cards including Magic®

Playing cards

Hotpots, cooking devices, or halogen lamps

Pets of any kind

Clothing or items with what could be offensive language or graphics

Caffeinated or "energy" snacks or beverages

Large quantities of soda, cookies, candies, chocolate, or other "abusable" foods—we mean multi-packs or bulk items other than unopened water

AXE or other heavy body sprays (they actually set off the fire alarm!) - aerosol sunscreen and bug sprays must be applied on the patio

Any medications, prescription or non-prescription NOT LISTED on the Medication Form (this includes Tylenol, Advil, Pepto-Bismol, vitamins, or any kind of supplements, eye drops, nose drops, throat drops, etc. Anti-itch bite sticks/pens are ok to keep in your room, not hydrocortisone.)

In addition to the list above, CBK reserves the right to confiscate for the length of the program any items that, in our judgment, demonstrate the potential for distracting students from the goals of the program, pose undue risk to the safety and wellbeing of people, or pose undue risk to property. If you have questions, PLEASE email us before bringing something along that may be an issue.

STUDENT SAFETY AND COMMUNICATION

TELEPHONES



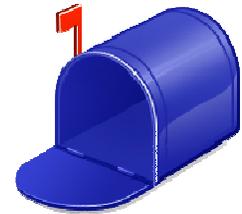
Please remember that cell phones are not allowed on campus. Students may be reached by leaving messages with CBK. PLEASE DO NOT, under any circumstances, try to locate CBK students or staff through Colorado School of Mines lines. We will also give you a 24-hour emergency number at the opening ceremony. Front desk CSM staff at the hall accept no responsibility for locating students. Some time for students to e-mail or call home is built into morning and evening periods ONCE mid-week, and students should bring a calling card if long distance to use the residence hall phones at this time. Local area codes (FREE CALLS) are (303) and (720) only. (970) is NOT local. Please review the Technology Policy in the Acceptance Packet, as we have had to make some changes due to issues. Please reference the page on homesickness regarding our policy on limited contact with home during the program. Thanks in advance for your support on this sometimes difficult policy.

MAIL SERVICE AND EMAIL ACCOUNT

It is a GREAT idea to actually write to your kid or send him or her a love package (please do not send cases of Oreos). If families wish to send letters or packages, please address them to:

Attn: <STUDENT NAME>

Colorado School of Mines: CBK Summer Programs
1223 West Campus Road—BRADFORD HALL
Golden, CO 80401



CBK cannot be responsible for mail or packages that arrive after program close—please plan ahead! To reach your student as the program begins, which is IDEAL, make sure to mail or ship your piece a few days in advance of the program start date. Our staff is already on campus and can receive these items up to three days prior to each program.

Students have an opportunity once per week to email, but must have their own account and password.



STUDENT ESCORTING

Students will be escorted to all meals, classes, and activities by Residential Assistants or Instructors. Our interest is in student safety as much as enjoyment. We also ask older students to travel with a friend whenever they head somewhere that is not a scheduled escorted activity, as we begin to build in more campus independence. This also helps us know where students are at all times. Students are always responsible for keeping their instructors and RAs aware of their whereabouts—yes, even for bathroom breaks.

HEALTH SERVICES

Families are responsible for any medical care costs. In the event of an emergency, or urgent after-hours care, students will almost always be taken to Exempla Lutheran Medical Center. You must sign the transportation waiver if there is a non-emergency but urgent health issue for which we must transport a student but you would like to avoid the associated costs of an ambulance ride. CBK makes every effort to use the most cost-effective means given the best student safety, care, and urgency in any given situation. The Executive Director will contact you from the hospital in the event that an incident occurs and provide you with the most current information. Please also note that we work (as does Mines) with a high-risk population and we take any and all threats to self extremely seriously. If needed, students will be transported to the hospital for emergency mental health support.



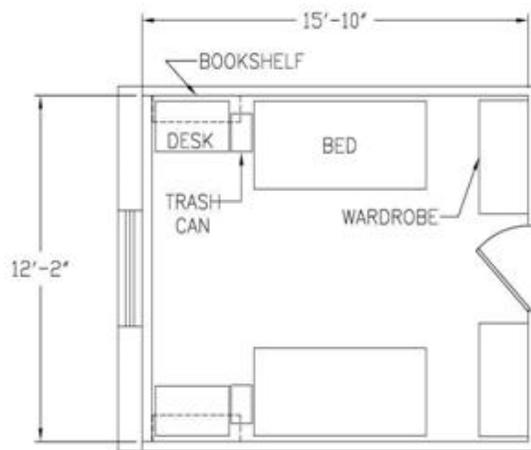
VISITATION POLICY

Please, please remember we have a very strict campus visitation and leave policy which you have signed as part of your program acceptance. This is in place to ensure your student's safety. We do not recognize every parent, and as such, if an adult approaches any of our students, we act quickly and involve the Golden Police Department as necessary to keep your student safe. In an emergency, please call the CBK On Call number you will receive at the opening ceremony and we can make arrangements as necessary. Forgotten socks are NOT an emergency. Thanks!

RESIDENTIAL LIFE AND RESOURCES

Bradford Residence Hall

Bradford is a security-locked traditional residence hall with larger rooms that are arranged down a long hallway. All activities will originate from this hall. Boys and girls will occupy separate floors under the supervision of a Residential Assistant and the Residential Director. Residence halls are supervised at all times, and students will not be in their rooms during the day. We are the only program in Bradford Hall. Students will have one or two roommates depending on program enrollments by sex.



Roommates

Roommate assignments are made one week prior to each program and your roommate name will be released to you so that contact can be made if you wish before the program. Room changes or roommate reassignments do not take place. Part of this program is about learning to live and grow together. Residential Assistants are available to discuss any roommate issues, but we can't help if we don't know there is a problem. Please talk to us and let us assist you if you are having any troubles. Students are assigned roommates by approximate age.

Mines Market Dining Hall

Mines Market is located in Elm Residence Hall and offers all-you-can-eat salad bar, soup, deli, grill, pizza bar, and labeled nut-free, vegan, gluten-free, halal, or vegetarian options. Please let us know in advance if your student has other specific dietary issues. There are always vegetarian, vegan, halal, and gluten free options and all menu items are labeled including shellfish, peanuts, tree nuts, gluten, and soy. Students are expected to monitor their food intake and to make healthy choices.

Student Recreation Center

Students will have an opportunity to use facilities at the Recreation Center on campus. Activities will be organized, and include the use of facilities such as the world-class 36' climbing wall with a cave, jogging track, fitness lab, and gymnasium for activities such as indoor soccer, tag games, volleyball, or basketball. Students must wear sneakers with non-marking soles. Equipment for other sports will be provided by CBK. Individual training schedules cannot be accommodated. Luminary and GLOW will also be able to take advantage of swimming this summer. The Olympic pool is too deep for our SHINE students, but we will plan to try to get wet outside!

Lockouts, Lost Keys, and Forgotten or Lost Blastercards

There is a \$200 charge for a lost room key if a new key must be issued. If this should occur, the student is responsible for this charge. A fee of \$5 will be charged for each room lock-out. Lost Blastercards incur a \$50 fee, forgotten Blastercards/extra meal swipes a \$15 fee. **These fees are well-documented and may not be contested.** Have your keys with you at all times on your lanyard.

Washers/Dryers

Students wash their own clothes in washers/dryers on a weekend schedule—**SHINE students do NOT do laundry** due to time constraints. Machines are free. RAs will assist students who have never used these machines, but cannot be responsible for the condition of students' clothes. Please bring enough clothes for your program!

Linens—SHINE does not do laundry!

Fresh bed linens and towels are provided. Each student will be provided with a top and bottom sheet, a blanket, a pillow with pillowcase, and a towel set. Students are also welcome (and most returners know it's a good idea) to bring some of these amenities from home for more comfort if they choose. If you are wiggly, a fitted sheet is a good idea. Residence Halls carry only extra long twin beds. There will not be a scheduled linen exchange.

Cleanliness

It is expected that students will take showers, keep their rooms orderly, and be responsible for clean clothing. Residential staff will monitor these conditions. The Residential Director will do periodic walk-throughs to ensure that reasonable cleanliness is met for the enjoyment of all participants. Students may be directed to clean up, change clothes that continue to be re-worn, or suggest a shower if absolutely necessary. We would much rather kids self-monitor.

Arthur Lakes Library

Arrangements will be made for all students to have borrower's privileges during the program. Students are expected to take responsibility for returning any books checked out. Damage deposits will be deducted for any library fees/fines. Don't forget to turn those books back in before you leave campus!

Religious Observances

Religious service attendance by students is optional. The student must inform the Residential Assistant if you want to attend services. CBK cannot be responsible for directing students to attend services. Limited transportation is available to some congregations and may require quite a bit of walking.

Damage Fees

Damage fees are charged to the account approximately 1-3 weeks following the program close. Most common sample fees include library book fees, lost BlasterCard fees, extra meal swipes, or lockouts. CBK will not use this account as a charge account for any student expenses while on campus, with the exception of medication authorized by a parent following discharge from a clinic or hospital. Damages beyond \$300 will be reported as vandalism to Campus Police for investigation and collections.

Weekends and Special Events

WEEKEND TRIPS

Weekend field trips are planned for **GLOW and Luminary Project** program participants to get to see a little bit more of Denver and visit some really fun places. GLOW students will head to the **Colorado Mills Area** for an afternoon of entertainment. Students will get to attend a feature movie at the theater, hit the bookstore, and grab a fun snack. All program participants are required to attend. Families may absolutely not plan to meet students at this activity.

Special trips for the longer Luminary Project include a day in the mountains at **Golden Gate Canyon State Park**. This fun, special activity will include opportunities for hiking, sitting by the fire (ban permitting), group teambuilding, volleyball, and good ol' fashioned campout fun. Luminary Project students will also head to **Lakeside Amusement Park**. The original site of Elitch Gardens, Lakeside is located on a picturesque lake (with great mountain views), trains, a merry-go-round, a drop tower, bumper cars, many spinning rides, and classic roller coasters.

SPECIAL EVENTS

Movie Nights

Movie Night is held during every program. Students will get together during the evening activity period to view a movie on the big screen selected by our residential staff that holds a great CBK message. We do NOT show R-rated movies. Only G-rated movies are shown during SHINE.

Mountain Hike

Recreational options will include a hike into the foothills for all three programs. If you are interested in this activity, make sure you bring comfortable shoes, a water bottle sling, sunscreen, and a sun hat.

Variety Show

Every program will have the opportunity to participate in and/or attend the Variety Show. Previous shows have included music, drama, dance, comedy, and magic. Come prepared to let us see a side of you that test scores and grades do not reveal! Auditions/screening will be held in the first few days of the program, and a rehearsal will take place prior to the show. All students will attend the final performance.

T-Shirt Design

One student's design will be chosen as the program t-shirt, which will be distributed near the end of the program. **Come with your ideas drawn in black and white on the T-Shirt Design form.** Designs may be no larger than 6x6" and will be voted on during the program. Please submit to your RA on Monday using the t-shirt form in your account under "Resources."

Order In Dinner Night

Instead of the Dining Hall, students get to hang out in and around Randall Hall for a relaxed dinner of ordered in favorites. A fun night and easily the fastest-consumed food of the entire program—staff included.

Swimming and the Eldorado Climbing Wall

During Luminary and GLOW, swimming is offered at least once—this is a collegiate Olympic-sized pool without a water play area. SHINE students have found it is just a little too deep, so we provide water play outside for our younger students. The climbing wall is also offered at least once as an activity. At 36 feet tall with the greatest arch in the world for bouldering, this is an experience to try here in rock-climbing heaven!

Mines Bookstore and Grocery Store Trips

For those who forget an item or are looking for a fun souvenir, we visit the Mines Bookstore toward the beginning and end of each program. Students in GLOW and Luminary also will hit Safeway to be able to purchase extra snacks/toiletries for their rooms. Yes, your RA will check your bag, so that case of Oreos is still a no-go. This might be one time to have a bit of spending money. We think bottled water is a great idea!

Shopping in Downtown Golden

A great opportunity to be able to experience the shops and restaurants of historic downtown Golden. A sculpture walk along the river, an hour in a bookstore, or time with friends at Golden Sweets are always a hit as we descend upon the merchants of our mountain town. Time varies by program.

School of Mines Geology Museum

Home to one of Colorado's Goodwill moon rocks collected during the Apollo 17 mission, this is one cool place to hang out. Two floors of minerals, fossils, gemstones, and meteorites have wowed every group we've brought here, from the phosphorescent room to the radioactivity exhibit and even fossilized dinosaur tracks, this is a fun one-time activity offered during each program. The Gift Shop isn't bad, either!

REGULAR ACTIVITY PERIODS

Every weekday, all students participate in an afternoon activity period and an evening activity period. These activity periods are structured and 4-5 options are available for students to choose from for participation. Students **MUST** participate in an activity that is being offered. As students finish lunch, they will sign up in a rotating class schedule for the activities they participate in for that day. Some activities that have been offered in the past include: soccer, Capture the Flag, improvisational theater, journaling, walk to the park, basketball, or dance-offs. Activities vary every year with our residential staff and student interest.

Academics—Oh, Yeah, We Get to Go to Class, Too!

ACADEMICS, EVALUATIONS, AND SCHOOL CREDIT

Students should expect to focus upon their coursework while attending the Summer Programs. Courses have been planned to challenge students at a pace and level of interest that best meets the “optimal match.” It is assumed that students are motivated to face academic rigor and responsibility. Adequate study and rest times are built into the schedule, and homework is not assigned, but is built into the instructional times themselves so that students can fully participate in activities. Students must be responsible for requesting academic assistance as needed. Misuse of computers (being on sites unrelated to course content, hacking, messaging, etc) may result in dismissal.

Instructors use a variety of assessment techniques, including observation, project-based evaluation, and pre-test/post-test, throughout the programs. Skills are assessed, but there are no grades or point scales for SHINE or GLOW Programs. Luminary Project participants will be assigned a grade for the purpose of transfer. Due to the difficult nature of courses, no grade lower than a B– will be assigned. A grade of P indicates that the student participated but will not be eligible for credit. Students should talk to their guidance counselors in advance of the program to determine whether a course will be considered for equivalency. On the final Saturday of each program, students and their families participate in a mandatory exit interview with the instructor to discuss their achievements in class and receive their final evaluation. If families are not in attendance for this interview, the student will meet with the instructor by him or herself. This interview is followed by the program closing ceremony at which students are recognized for their accomplishments and participation.

During the exit interviews, students will receive a written evaluation of their course performance. If your student plans to request credit from his/her school for Summer Programs participation, we recommend students begin this process prior to course completion. Please contact us if you need a syllabus in advance to aid in this process. CSM university credit is not granted for CBK courses.

A MESSAGE TO FAMILIES ABOUT CHALLENGE

We believe that families are a critical part of a successful CBK experience. Please remind your student that a true challenge is not easily accomplished and that CBK courses may require greater effort than he or she is used to making. Encourage them to think of accomplishment in terms of effort and growth, both in and out of the classroom experience. CBK is full of very bright young people and comparison to other students is discouraged. CBK Summer Programs are designed to provide a safe and supportive environment where students can explore their self-concept intellectually and socially. If your son or daughter is experiencing any difficulties during the program, we encourage you to call the CBK office so that we can help make this a positive overall experience.

Campus Boundaries

STAYING IN BOUNDARIES

Boundaries for the CBK program on campus run as follows:

North

13th to Geology Museum then Illinois to 14th St

West

Elm Street

South

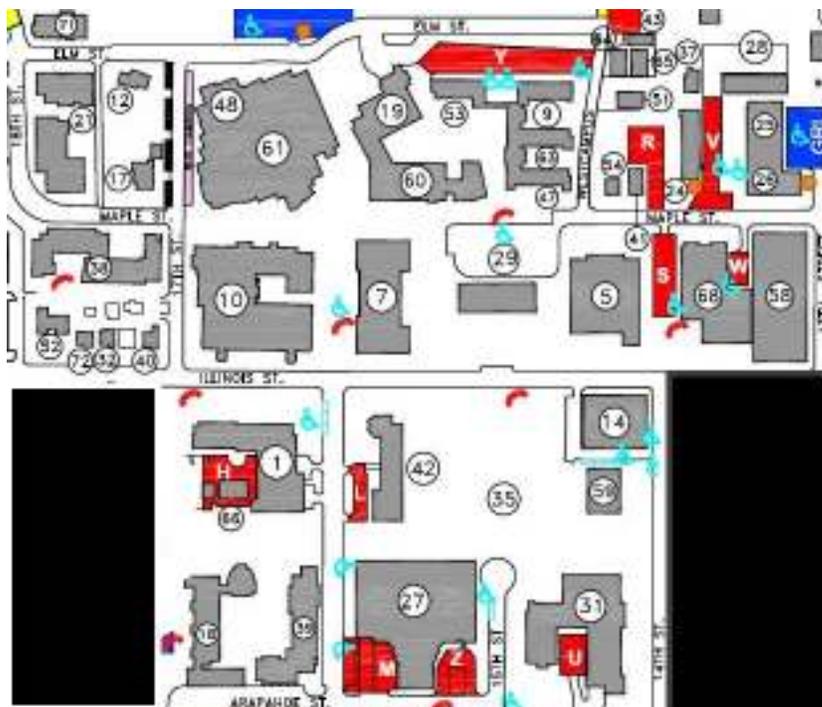
18th Street to Dining Hall then Illinois to 17th St

East

Arapahoe Street

LEAVING CAMPUS

CBK students may not leave campus for any reason unless accompanied by a staff member or unless formal permission has been acquired at least one week in advance of the program through the Executive Director with the family. Any infraction of this policy will result in immediate dismissal with no refund and no opportunity to return to campus. Students being out of boundaries for any reason may be reason for dismissal. “Open Campus” really only applies to Luminary Project students at specific, monitored times. GLOW and SHINE students will be with an adult to help them with boundaries at all times.



Student Conduct

OVERVIEW

CBK Summer Programs maintain high expectations for student conduct. As residential programs, students live and learn together in collaborative, supportive, and safe environments both in and out of class. Students from all walks of life attend these programs, and **the CBK Honor Code must be followed, regardless of higher levels of independence that students may be accustomed to at home** in order to ensure a safe experience for everyone. All participants are expected to treat students across programs, instructors and TAs, residential staff, program staff, and university employees and students with respect as representatives of CBK programs. Behavioral expectations and program rules are sent to families with acceptance packets. Applicants are required to sign an agreement to follow rules of student conduct. Specific expectations are outlined for each program in the Welcome Packet, which is again reviewed during orientation. **Bullying, sexual harassment, teasing of a sexual nature or regarding gender or sexuality, curfew abuses or hall access violations, vandalism, physical or emotional violence including excessive horseplay or threats of self-harm, and use of any controlled substances are grounds for immediate dismissal from the program without refund.** We pride ourselves on providing a safe environment, both physically and emotionally, in which our students thrive and to which they can feel comfortable returning. As a result, the majority of our students do come back to their second “family” each summer. Our behavioral expectations are in place to both protect our participants and to ensure an enjoyable stay on campus. These are zero tolerance policies due to program length and intensity. Should a student be dismissed from the program, the Executive Director of CBK will contact the student’s family. Families are required to remove the child from campus or make arrangements to remove the child from campus within 6 hours. Parents must make immediate travel arrangements at their own expense. Program fees will not be refunded. If you have any questions, please contact CBK immediately.

DRESS CODE

CBK students are expected to dress appropriately while representing CBK Summer Programs. Short shorts or shorts cut inappropriately high or revealing the underwear, tops without shoulder straps or straps/sleeves allowed to fall off the shoulder, tank tops with spaghetti straps, low cut shirts, shirts that expose the stomach, revealing swimsuits (girls need a one-piece or a swim coverup and boys must also wear a swim top/t-shirt) or lacy transparent tops, and any clothing with offensive wording or graphics is not appropriate. Re-wearing clothes multiple times without laundering them is not acceptable. Students will be asked to change clothes and will receive a written warning. Reoccurrences will result in further disciplinary action including potential dismissal. We know summer can be hot, but keep an eye on those hemlines, please! And please, please help us out by packing accordingly. If it’s not allowed at school, it isn’t allowed here.

RELATIONSHIPS WITH OTHERS

We fully expect and **encourage students to develop new friendships** with others in the program. This is an opportunity to negotiate living space with a roommate, find ways to learn together with other bright kids in class, experience old and new activities with kids who may have similar or different interests, or find companionship with kids who really seem to “get” what you are all about. This portion of the program is perhaps the most healthy and powerful emotionally and socially and we would like to support these experiences as best as we can. At the same time, these experiences are very charged with sometimes overwhelming excitement, drama, conflict, and issues of self-esteem. If you are having difficulties with your roommate, other kids during activities or meals, or students in class, **please let your RA know right away.** The program is not really very long, and it is important to us to help you manage these relationships in healthy and productive ways so that the time you are here is enjoyable and meaningful. Sometimes, it can be difficult when you have figured out how to handle these relationships in your home environments, then come to the Summer Program and start with a new group of people, many of whom are as bright or perhaps brighter than you are used to.

The other kind of relationship that can develop is one of **personal interest in another program participant.** These are natural relationships to fall into when you finally find another person who understands you, thinks like you do, or sees the world in a similar way, and can be both very powerful and very comforting when you are away from home and learning about the world more independently. Most of the time, these kinds of relationships are also very healthy, but there are some specific guidelines and expectations for how these relationships may develop and we encourage you to respect the boundaries your families have set for you as you experience this companionship. Emotional relationships are a very important part of your growth and will be both celebrated and monitored. However, **physical relationships of any kind cannot be permitted at an intensive residential program** to protect your safety, to account for personal experiences which may be overwhelming, and to allow your families to feel secure that you are being monitored and that we all understand that you are, in the end, and no matter how bright you may be, still kids.

We ask that as you form powerful, lifelong friendships that truly do continue into adulthood (ask Amy!), as well as new relationships, that you also attend to these restrictions so that we do not have to move to disciplinary action.

No students may be on opposite gender wings at any time without facing dismissal.

No students may be alone together in a personal relationship without supervision at any time without facing dismissal.

No students sharing a wing and a personal relationship may be together without supervision at any time without facing dismissal.

Again, though they may seem harsh, these policies are in place for your protection.

Homesickness: It's Perfectly Normal

"Hi, Mom – can you come and get me? I want to come home..." These phrases are often repeated in the first sets of calls that our families get as students adjust to being away from home. Don't worry – your kids aren't miserable or ill – they are homesick. Homesickness rates vary between 71% and 96% among students attending residential programs – it is perfectly normal and healthy to miss home while you are away. Sometimes, though, when parents aren't prepared for this kind of call, they can make the problem worse by unintentionally mishandling it. We want to provide a few tips for families to prepare students for an extended trip away from home so that your time here is happy and well-adjusted.

While the vast majority of kids do feel some homesickness, most feel much better within a day or two. If you can handle their temporary discomfort, they will probably be able to handle it, too. Homesickness may be more pronounced if the family went through a recent loss or stressful period such as a death of a relative or marital separation. Homesickness, while uncomfortable, can make kids feel competent, independent, and successful when they learn they can overcome it. **Center for Bright Kids practices waiting to make initial calls home until after the first 3 full days of the program for GLOW and Luminary Project, and after the first 2 full days for SHINE.** The American Academy of Pediatrics suggests that unless students are at a program for more than three weeks, they not call home at all, as this actually intensifies homesickness. We do not want you to feel as though we don't want you to talk to your kids, but there is sound research behind making them feel worse if they plan to call every day. **We want you to feel prepared to beat homesickness.** There are three phases: preparation, leaving your child, and post-separation. What you say at each phase can mean the difference between homesickness or away-from-home wellness.

- In the preparation phase, listen to your child's concerns and questions, and explain what he can expect while away. "Here is the brochure for the program. See, every day you will take part in activities like swimming or writing, plus you can pick certain things to do that are special, like the climbing wall."
- TEACH about homesickness if you think it is likely your child will feel lonesome. Don't belabor the point. "When you feel homesick, you may feel kind of sad in your stomach. It just means you miss us. But the feeling goes away after a day or so. It's just a feeling, and it won't hurt you."
- If your child asks what will happen if he misses you when away from home, EMPATHIZE and TEACH ways he can cope. "Most kids do feel a little lonesome. That's normal. When you feel that way, the best thing to do is some fun activity."
- If your child protests your leaving, try to find out if he has any legitimate concerns. "Tell me what your worst fear is right now... What would have to happen for you to begin to feel better?"
- If your child calls you later on, be optimistic and upbeat. Reassure him that any concerns are normal and give suggestions where appropriate. Chances are your child will feel better soon. Hang in there. "I bet you did interesting things today. Tell me what you did." Find out what your child did that made him feel better and praise him. "So when you were feeling lonesome, you went swimming with the other kids. What a great idea."

How Not to Say It

- "No one else is feeling this way. You should be excited." That is not reassuring and can make him feel worse. It is better to let him know that it is normal to feel a little sad or scared.
- "We paid a lot of money for you to be there, so you'll stay there and have a good time, or we're never doing this again." You're not teaching him anything useful. He'll just feel bad about himself or bad about you.
- "We'll all miss you so much while you're gone. It won't be the same here without you." Don't make him feel guilty about leaving. Mastering separation from one's family is an important developmental task.
- "Remember, if you want to come home, just call us and we'll come right away. Call at any hour, day or night." Don't go overboard on the reassurance. You are actually planting the suggestion that he will have a hard time coping. Besides, since many children feel a little homesick, rushing in to rescue them never gives them the opportunity to see that the feeling can go away.
- "You're too old to get homesick." No, he's not, and he might be feeling that way for good reason. Whatever the reason for homesickness, your child is experiencing it. Try to figure out the reasons.

PLEASE NEVER just show up on campus without contacting the Residential or Executive Director first. We are responsible for keeping all kids safe, and unannounced guests on campus will be treated as strangers, meaning we must involve Campus Police. You will not be allowed to enter the building under any circumstances, and even wandering around the building/campus will result in emergency staff and possibly local police to be involved. Please help us with this requirement by working with our staff.

Kidsick Families: Just as Important to Read and Think About

You've packed your kids off to the CBK Program. No more carpooling. No fighting commuter traffic to get to her after school program before it closes. No checking to see if homework's been done. It's time to make leisurely lunch and dinner dates with friends. Get reacquainted with your spouse. Catch up on your pleasure reading. And then, several days into their time away it hits you, catching you totally off guard. It's too quiet in the house, much too quiet. You're feeling blue... and lonely. You miss your kids a lot. You're KID-SICK!

Wait a "summertime-and-the-livin'-is-easy" minute. This isn't how it's supposed to work! Your children are supposed to enjoy the program but also are supposed to be calling to tell you that they miss you. You miss them. Of course you do, you love your kids. But you're feeling disconnected, disoriented, and melancholy. What's the cure? You can't stumble about like this for weeks. You can't risk breaking down again in front of her favorite Oreo cookies in your local supermarket. Being this kidsick can't be healthy. Take a deep, cleansing breath. There's no cure needed when there's no disease. Your kidsickness is a reminder of how deeply connected you are to your children, be they 8 or 15, and of how pivotal they are to your overall feelings of happiness and well-being. Your children may tire, perplex, and frustrate you, but they also make you feel needed and more alive.

It might help to commiserate with friends who are going through similar summer separations. I'm sure that you'll find more parents than you'd expect who will admit to feeling kidsick. Be careful that your letters or calls do not make your kids feel guilty and sad that you are missing them so much. It's fine to tell them they are missed, to keep them informed of family news and to tell them that you're looking forward to all their stories when they return. But keep your communications with them focused on their life at the program, not your missing them. Phone calls or visits usually leave children emotionally upset because of their parents' difficult farewells. Dramatic departures are debilitating for your kids, leaving them potentially conflicted about the remainder of their stay at the program. Do your best to make sure that your goodbyes are upbeat and reassuring.

A healthy amount of homesickness and kidsickness serve as poignant reminders and confirmations of the ties that bind families together. Accepting and appreciating these loving responses just might make you all happy campers.

Contributed from *How to Say It to Your Kids*, by Dr. Paul Coleman, and Carleton Kendrick Ed.M., LCSW

Rule of Thumb: If you were very homesick as a child (or not at all homesick), you run the risk of over-identifying with your child. Your child may have feelings different from yours. Be open to that possibility. Usually, it's a little harder for our families to let go than it is for the kids. Our number one incoming phone call: "I haven't heard from my kid today – is everything all right?" Yes, he or she is having a great time. **Feel free to call our offices** for this assurance, but do rest assured, they are doing just fine and will call when they are ready later in the week.

Also, please do not be alarmed if kids are hesitant to share stories, or worse yet, may not be all that happy to see you at the end of the program. Some of our students find such transformation in being able to identify with other bright kids that it is difficult to think about leaving the program and the new friends and community they have established. This is not personally directed in any way toward you, but do encourage them during the next week of what we term "**program fall-out**" to call or write to their new friends. We will miss them, too, and reverse this whole process!

We are happy to support you and your student during these transitional times. Please let us know what we can do to help, and do know that our staff cares very much about the well-being of everyone affected by the program.

Signs to be aware of:

You or your student experience psychosomatic symptoms – **tummy aches, headaches, woozies** – nearly always homesickness. Please note – if you get a call about illness during the first 2-4 days, he or she is probably not ill.

You or your student is feeling very **distracted, irritable, or jumpy** – usually is homesickness.

You or your student is feeling **withdrawn or "down in the dumps"** – almost always homesickness.

CBK Summer Programs allow students to pursue a course of interest with gusto, to make new friends they may not have every otherwise met, and to find a space that is safe, fun, and invigorating to live and learn together. We think the following comments from real participants might help you understand why we believe these programs truly are a

“bright spot for bright kids”:

- I became more aware of others around the world...
- My ability to function on my own has been enhanced.
- I am more interested in the world and I have more experiences.
- Being exposed to other bright kids really helped me expand intellectually.
- I feel that I have become more willing to accept change.
- I feel more responsible and more independent.
- Every day I made memories that I probably won't ever forget.
- I now see from both sides of the argument.
- You are surrounded by kids just like you who want to learn and succeed.
- I have grown personality-wise, and I am more outgoing.
- I feel "just right" here.
- I loved the intellectual conversations my classmates and I sparked.
- I fit in really easily and I made a ton of friends that I hope to keep in contact with.

Thanks for applying and we look forward to seeing you in just a few months with a full team of people whose goal is to provide you with challenge, fun, and excitement! Please call us if you have any questions as you get ready.

In Resources Online:

Colorado School of Mines Map

T-Shirt Design Form

Area Restaurants and Hotels

PLEASE REMEMBER, WE ARE HERE TO HELP—IF YOU HAVE QUESTIONS, JUST DROP US AN EMAIL OR GIVE US A CALL SO THAT WE CAN TALK THROUGH ANY CONCERNS BEFORE YOUR ARRIVAL ON CAMPUS.

Center for Bright Kids
Regional Talent Development Center
7765 Wadsworth Blvd, #746679
Arvada, CO 80003
303-428-2634
cbk@centerforbrightkids.org